



## Memorandum

---

Director of Human Resources and Safety

July 15, 2019

Dear VASD Employee:

Our wish for each of you is to have good health and to stay in good health. In previous years, we have offered a Biometric Screening and Health-Risk Assessment program to our employees and their spouses to help support healthy lifestyles. While this activity has been appreciated by many of our employees and become “the way we do things around here”, it has been difficult to measure the impact of these efforts. In addition, the biometric information gathered through our current program is not accepted by physicians as diagnostic in quality. This often caused redundant lab work and additional insurance costs, on top of the time commitment from employees to participate and VASD HR and Wellness staff to administer.

The District, in collaboration with its employee union leadership, GHC, and M3 (our insurance consultant), met a number of times over this past year to examine the issue. **What came out of those meetings was an identification of the importance of an ongoing relationship with one’s primary care physician and completing age and/or medical condition appropriate preventive visits.** [CLICK HERE](#) for a link that shows preventive care guidelines established by the U.S. Preventive Services Task Force, Women’s Preventive Services Guidelines and a sampling of supportive research.

Beginning with the 2019-2020 school year and going forward, we will no longer be participating in the Biometric Screening and Health-Risk Assessment program. Instead, we ask that you have your Primary Care Physician verify that you have completed all age and/or medical condition-appropriate preventive visits. [CLICK HERE](#) for the VASD Wellness Program Health Care Provider Affidavit Form. **Note: No personal health information will be collected by the District.** You can submit this Affidavit at any time from now until November 15th for this school year. The previous financial incentives

offered by the District will be maintained. [CLICK HERE](#) for a summary of the VASD Wellness Program participation eligibility and financial incentives.

For individuals covered under the GHC-SCW Benefit Plan, specific preventive services are covered at 100% when choosing an in-network provider. However, please be aware that if you discuss any other health issues during that visit, you may be billed for an office visit and those fees may be subject to your deductible. You do not need to schedule a separate provider visit to have them complete the Provider Affidavit...you can mail, email, use MyChart etc. to get the form completed. Contact **GHC Member Services** at **800.605.4327** if you have questions about your plan coverage and costs.

We hope this change encourages you to keep making healthy choices for yourself and your family. We are confident that this new program will not only help improve your overall health, but decrease insurance premiums over time.

## **Wellness Program Change Summary**

***The changes are as EASY as 1-2-3...***

- 1. Complete any age and/or condition appropriate provider visits;**
- 2. Have your provider sign the VASD Provider Affidavit Form; and**
- 3. Turn in the signed form to HR by November 15<sup>th</sup>**

Please contact VFitt Wellness Coordinator Laurie Tackett ([tackettl@verona.k12.wi.us](mailto:tackettl@verona.k12.wi.us)) with any questions. Thank you for your support in keeping our health insurance high quality AND affordable.

Sincerely,

Jason R. Olson  
Director of Human Resources and Safety